

# Catechism Class for Adults

## Lesson Plan – Holy Trinity

(由馮學勤先生提供)

STAGE	TIME	TEACHING / LEARNING ACTIVITIES	METHOD	MEDIA
<b>Ice-breaking</b>	10 min	<p><b>“Weather Report”:</b></p> <p>Participants to talk about their lives in the previous week</p> <p><b>Opening Prayer</b></p>		
<b>Introduction</b>	10 min	<p><b>Song:</b> (心頌 539) 與主結合</p> <p>Invite participants what they feel about the song / words from the song</p> <p>Ask them how many 主 are described in the song and what they feel / learnt about Holy Father, Holy Son &amp; Holy Spirit in the period of the catechumenate</p> <p>Write their answers on the wyteboard. If the participants cannot give correct answer, give them clues or help them.</p>	Q&A (Questions & Answers or Dialogue)	心頌 or song sheets
<b>Development 1</b>	5 min	<p>天主三位的外在工程：救贖工作</p> <p>Read Bible : Check the answers on the wyteboard.</p> <p>By the end, the participants should be able to understand / consolidate the salvation work of Holy Trinity (c.f. worksheet – the same layout can be used for the wyteboard)</p> <p>Use the common characteristics of Holy Trinity – 天主是愛 and 以愛還愛 – as a starting point to bring out the other 教理內容</p>	Bible Reading  Q&A V/E (Verbal Explanation)	Bible (1Jn 4:7-21)
<b>Reinforcement 1</b>	5 min	<p>[a prism, with something written on the surface, is put in the center of the class]</p> <p>And what they see in the center of the table / circle / class; which Lord they are facing.</p> <p>[expected results: some will see the word God, some see Jesus, some Holy Spirit, some see a combination of two, etc.]</p>		“Prism”
<b>Development 2</b>	5 min	<p>天主三位一體是一個奧妙的道理</p> <p>Read Bible : Ask participants whether we will know the mystery of Holy Trinity if Jesus did not come to this world.</p> <p>THEREFORE, UNLESS REVEALED BY THEMSELVES (HOLY TRINITY), NOBODY CAN KNOW THIS MYSTERY.</p>	V/E	Bible (Jn 14:6-11)

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<b>Development3</b>	10 min	<p>天主三位的內在生命：共融關係</p> <p>Read Bible :Ask participants what the bible said; how they feel; what moves them most</p> <p>Use the things written on the wyteboard, to illustrate: Father is the Creator, Son is the Saviour, Spirit is the Converter; and 父生子，子出於父，聖神是聖父、聖子所共發</p> <p>Invite participants to think how the Holy Trinity communicate with each other.</p> <p>[expected answer: 彼此愛、彼此尊重、聽命、派遣、護慰、賦予、為真理服務、完全接受和交付]</p> <p>聖父、聖子、聖神同性同體</p> <p>Use the answers to illustrate the internal characteristics of the Holy Trinity. Only through 不斷彼此毫無保留 溝通、交付、交流而產生愛的共融和動力；only through this way, 圓滿及和諧 can be attained.</p>	V/E	<p>Bible</p> <p>(Jn15:26-27; 16:25-30)</p> <p>Wyte-board</p>
<b>Reinforcement 2</b>	5 min	<p>Ask if there are any fathers / mothers</p> <p>Ask them when they are young, who they are [expected answer: son / daughter]</p> <p>Ask them apart from giving life to their children, how they treat their children</p> <p>Ask them why they treat their children in those ways</p> <p>Ask them if they have not been son of their father / mother, could they be the same father / mother as now; could they be the same protector, confirmer, converter as now</p> <p>Therefore, even in real life example, participants would take the role of father, son &amp; spirit – in the same person.</p> <p>The difference is that the participants received their love from their fathers. Holy Father is however the source of all love.</p>	V/E	
<b>Development 4</b>	5 min	<p>天主是愛、是永恆</p>	V/E	“Prism”

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		<p>Ask those fathers / mothers, whether they are son, father and teacher of their children at the same time to illustration the same God for Holy Father, Son and Holy Spirit.</p> <p>Facilitator stresses that this is not a perfect illustration, but to certain extent reflects the nature of Holy Trinity.</p> <p>In the same way, even some participants saw the Father side of the prism first, some participants saw Son or Spirit side first, the prism is the same “one” prism and existed at the same time – 無先無後、無大無小.</p> <p>God is 自有者 – the everlasting God, so is the Holy Trinity – 是昔在、今在、永在的天主聖三.</p>		
<b>Reinforce- ment 3</b>	5 min	<p>Use the wyteboard, facilitator recaps the essence of the meaning (道理) of the Holy Trinity.</p> <p>Invite participants to think why Holy Trinity unveils their mystery to us.</p> <p>Ask one participant to open the “prism”, turn it outside-in and re-form the “prism”. All the sides should the word “Love”.</p>	V/E	Wyte-board  “Prism”
<b>Development 5</b>	10 min	<p>天主邀請人分享在祂內的愛和生命</p> <p>Ask participants <b>again</b> why Holy Trinity unveils their mystery to us.</p> <p>Participants should be much easier to answer.</p> <p>Clue also the example of father / mother – why they take so much care of their children.</p> <p>[simplest answer: love God above all and our neighbour as ourselves; be part of Them]</p> <p>Facilitator concluded God is the source of Love, Jesus is the representation of Love, Holy Spirit is the action of Love. And ask who they are.</p> <p>[expect: different time / occasion, different role for them]</p>	Q&A	
<b>Reinforce- ment 4</b>	15 min	<p><b>Participant’s Commitment</b></p> <p>After the message &amp; meaning of the Holy Trinity are illustrated, facilitator delivers a</p>		Work-sheet

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		worksheet to all participants and invites to participate in the life of the Holy Trinity in school, in family, ... (any area they like).  Facilitator gives them 5 min to complete / commit. After that, facilitator asks any person would like to share their commitment.		
<b>Conclusion</b>	5 min	Make a short summary of the lesson; special highlights that God is Love; and the importance of communication & total reliance in communion.	V/E	Wyte-board “Prism”
<b>Closing</b>		Handover to the person in charge: announcements, closing prayer, etc.		
<b>Total</b>	90 min			

